



# Breakfast Menu

## Eggs

**FEGO Breakfast** £8.95  
Eggs, bacon, sausage, grilled tomato, mushrooms, baked beans & toast.

- Add hashbrowns. £0.95

**Eggs Benedict**  
Poached eggs on a toasted English muffin, topped with hollandaise sauce.

- With ham, sausage, bacon or spinach. £8.75

- With smoked salmon. £9.25

**Eggs and Toast** £5.45

Poached, scrambled or fried.

- With bacon or grilled sausage. £6.15

- With salmon & cream cheese. £6.95

**No Carb Breakfast**  
Poached, scrambled or fried eggs.

- With grilled tomato & mushrooms. £4.95

- With bacon and grilled sausage. £5.45

- With smoked salmon. £5.95

**Spicy Scrambled Eggs (v) NEW** £7.15 / with bacon £7.75  
With jalapeños, avocado, cherry tomatoes, spinach & onions, topped with cheddar cheese & served with toasted health bread.

**Eggs from the Forest (v) NEW** £7.95  
Spinach, mushrooms & feta served on toasted health bread and topped with soft poached eggs. Drizzled with black truffle oil.

**Scrambled Egg & Avocado Bagel (v)** £8.25  
With grilled peppers, chives & feta.

**Breakfast Croissant** £6.45  
Scrambled egg, bacon & grilled tomato.

## Omelettes

**Ham, Cheese & Tomato** £7.95

**Bacon, Cheese & Onion** £8.45

**Scottish Smoked Salmon** £9.25  
With Atlantic prawns, cream cheese & chives.

**Grilled Vegetable & Goats Cheese (v) NEW** £8.75  
Open omelette topped with caramelised red onions & extra virgin olive oil.

**Spinach & Truffle (v) NEW** £8.75  
Open omelette with sun-blushed tomatoes, mushrooms, rocket and parmesan.

All our omelettes can be made with egg whites only - add £1.

## Sweet Tastes

**Classic French Toast** £6.85  
With bacon & maple syrup.

**Crunchy Nut French Toast (v) NEW** small £5.25 / reg. £7.95  
Pan-fried French toast rolled in crushed cornflakes, oats, raisins, almonds & hazelnuts, served with mixed berries and banana. Drizzled with maple syrup.

**Pancakes with Maple Syrup (v)** £3.95  
- With blueberries or bacon. £5.25

## Health Breakfast

**Classic Porridge (v)** £4.25  
Oats & golden syrup.

**Healthy Oats & Fresh Fruit Combo (v) NEW** £5.45  
Warm oats served with slices of fresh banana, strawberries & blueberries.

**Swiss Muesli (v)** £6.95  
Tropical fruit salad, wholewheat flakes, rolled oats, raisins, roasted sliced almonds & hazelnuts served with yoghurt, banana, blueberries & honey.

**Bowl of Fresh Fruit (v)** £5.95

## Deli Selection

**Smoked Salmon Bagel** £7.45  
With rocket, avocado & cream cheese.

**Bacon Bagel** £6.25  
With mozzarella, red onion & our FEGO sauce.

**Classic Bacon or Sausage Sandwich** £5.45  
Juicy bacon or sausage on toasted or plain bread.

**Cheddar & Marmite Toastie (v) NEW** £3.95

Please ask your waiter if you would like a deli item off our wider all day menu.

## Freshly Baked

**Blueberry Muffin** £2.35

**Selection of Cookies** £1.95

**Croissant** £2.35  
Served with butter & preserves.

**Assorted Danish Pastries** £2.35

**Scone** £3.65  
Plain or fruit served with cream & strawberry jam.

**Cake Slice** £3.60

**Toast & Preserves** £1.95

**Bagel** £3.25  
With cream cheese, preserves, marmite or nutella.

## Coffees

<b>Cappuccino</b>	reg. £2.50 / mug £2.95
<b>Americano</b>	£2.35 / £2.75
<b>Caffé Latte</b>	£2.55 / £2.95
<b>Espresso or Macchiato</b>	£1.95
<b>Belgian Mochachino</b> With white or dark Belgian chocolate.	£2.95 / £3.45
<b>Dark Mocha Latte</b> With vanilla & melted chocolate.	£2.85 / £3.35
<b>Flat White</b> Double shot espresso with hot milk.	£2.85
<b>Fegoccino</b> Low fat frosted coffee cino.	£3.45
<b>Iced Latte</b> Creamy ice cold, sweetened latte.	£3.45
<b>Extras</b>	
- Extra coffee shot.	£0.45
- Flavour Shot of almond, caramel, vanilla, nutella or hazelnut.	£0.45
- Cream or marshmallows.	£0.45

## Hot Drinks

<b>Pot of Tea</b>	
- Regular.	£2.25
- Earl grey or herbal (camomile, red bush or green tea).	£2.65
- Fresh mint.	£2.25
<b>Chai Latte</b>	reg. £2.95 / mug £3.45
Spiced tea with thick foamy milk.	
<b>Hot Chocolate</b>	£2.75 / £3.25
<b>Decadent Hot Chocolate</b>	£3.00 / £3.50
Topped with marshmallows & whipped cream.	

## Winter Warmers NEW

Add a shot of Amarula, peppermint liqueur or Baileys to your favourite hot drink - add £2.00

(v) = Vegetarian NEW = New addition

All products subject to availability. There is a possibility that nuts or traces of nuts may be found in any of our products. There will be an extra charge for variations and additions to the menu.

## Smoothies & Shakes

<b>All-In-One Breakfast Smoothie</b>	£3.95
Wholewheat flakes, rolled oats, raisins, roasted sliced almonds & hazelnuts, blended with yoghurt, banana, mixed berries honey & milk.	
<b>Fruit Smoothies</b>	£3.50
Made with real fruit. Strawberry & banana, strawberry & mango or blueberry & raspberry, blended with your choice of orange or apple juice.	
<b>Milkshakes</b>	
- Coffee, chocolate, strawberry, hazelnut, vanilla, banana or caramel.	£3.50
- Vanilla cookie, smartie or nutella.	£3.65
- Vanilla with a shot of Amarula, peppermint liqueur or Baileys.	£5.50

## Fruit Juices

<b>Freshly Squeezed Orange Juice</b>	£3.10
<b>Tomato Juice (Plain or Spicy)</b>	£2.75
<b>Apple or Cranberry Juice</b>	£2.75

## Cold Drinks

<b>Soft Drinks</b>	
- Coke, Diet Coke, 7up & Fanta Orange.	£2.10
- Appletiser.	£2.95
- Peach or lemon iced tea.	£2.65
- Fentimans ginger beer.	£3.10
- Belvoir drinks: elderflower presse, organic lemonade, pomegranate & raspberry.	£3.10
<b>Mineral Water</b>	£1.95
Still or sparkling.	
<b>Rock Shandy</b>	£2.85 / with lime £3.05
Lemonade & Angostura bitters.	

## Champagne & Cocktails

<b>Champagne</b>	125ml £7.50 / £40.00
<b>Bucks Fizz</b>	£5.45
Champagne & orange juice.	
<b>Bloody Mary</b>	£5.45
Vodka & tomato juice.	